Rhithm

Gain access to ESSA-compliant student wellness data for your school and district

Report real-time, evidence-based wellness data that complies to the standards of the Every Student Succeeds Act

ESSA Standards

- **Well-defined logic model based on rigorous research**
  Rhithm was designed by licensed clinicians with clinical advisors from Boston University’s School of Medicine. The program is rooted in rigorously studied clinical frameworks and scientific disciplines, including cognitive behavioral therapy, neurophysiology, behavioral medicine and more.

- **Well-designed & implemented correlational study ... with a statistically significant positive effect**
  In partnership with the University of North Texas, Rhithm completed a correlational analysis on a cohort of 8 schools. The study demonstrated statistically significant correlations between learning readiness and time using Rhithm. We've continued to see this trend across almost 12 million check-ins, as visualized below.

- **An effort to further study the effects of the intervention is currently underway**
  In partnership with Uplift Education as part of their Education Innovation and Research grant, we will be studying the impact of Rhithm in rigorous Randomized Controlled Trials over a 5 year period. You can read more about the exciting research sponsored by the USDOE in our press release.

To learn more about Rhithm, arrange a chat with Securly today!